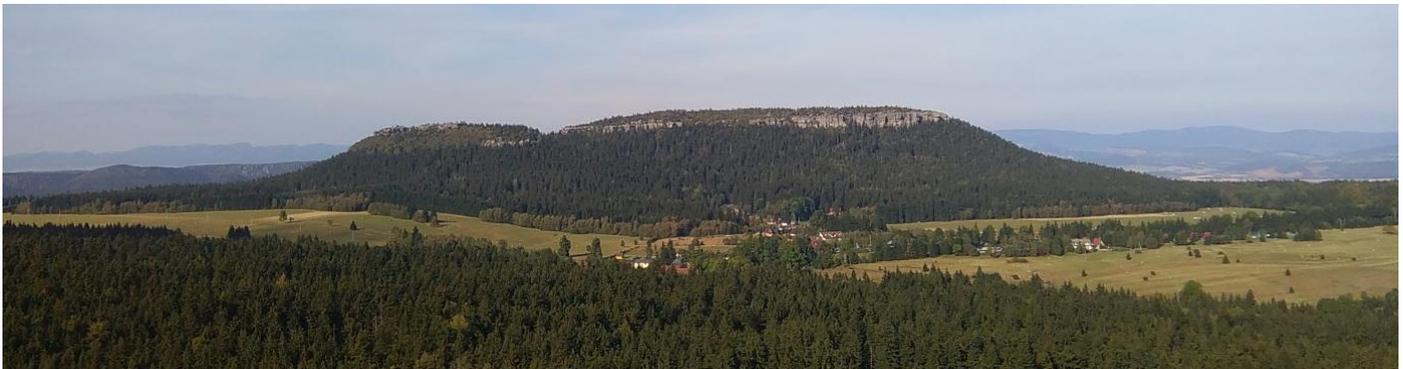




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INFOPACK

Short-term EVS
Eco-volunteers

25th September - 11th October 2017

Kudowa-Zdrój/Karłów - Poland

→ About the project

As the Foundation for the Development of Local Initiatives Qdowa, we implement a tourist-ecological project "Move to the Table Mountains" and we are looking for people willing to join.

As a part of our project, we will be carrying out (on 29th September 2017) the third edition of the "Mountains are OK" project, where more than 200 students from nearby schools attended last year. They traveled the mountain trails from their villages to the little Eco-town located in the heart of the Table Mountains in Karłów, collecting trash along the way. A bonfire with sausages, a special guest and an ecological workshop awaited them.



The aim of the "Eco-volunteers" project is to involve volunteers from European countries in local educational and environmental activities and to show the global nature of the challenges facing us in the field of ecology.

Involvement of a group of international volunteers will bring more interest to young people with the "Mountains are OK" campaign, which will be held for the third time in the Table Mountain National Park. Volunteers will bring new ideas and actions into it, allow them to conduct multi-cultural ecological workshops that show the ecological problems of today's Europe and will also affect local decision-makers. Thanks to the analysis of the litter state of the National Park and its presentation, the authorities of the communes in which the National Park is located will contribute to paying more attention to the problem of litter and ecology.



→ Location

Kudowa Zdrój is a health resort situated in the Sudety Mountains. It is one of the oldest resorts not only in Poland but also in Europe with the tradition of health and sanatorium dating from the 17th century. Kudowa offers a great number of permanent and seasonal tourist attractions for you in this wonderful place. Its location in a valley surrounded by forests provide natural therapeutic values.

The neighbourhood of the Stołowe Mountains, picturesque bicycle and tourist routes, unique museums, cultural facilities, modern sport facilities and location by the border with the Czech Republic make Kudowa Zdrój attractive for both health resort visitors and tourists.



Over the years of its history Kudowa Zdrój has been visited by many famous personalities, for example the Prussian King Wilhelm III with the family, the English Prime Minister Winston Churchill, the German writer Johann Wolfgang von Goethe, the Polish writer Bruno Schultz, Marshal Iwan Koniew and last but not least Karol Wojtyła, the later John Paul II.

In 2007 Kudowa Zdrój hosted “The Chronicles of Narnia, Prince Caspian” movie crew with the starring children and the director Andrew Adams while the scenes were shot in the neighbouring Errant Rocks. The famous director of such films as for example “Shrek” planted a tree in a special alley next to Kudowa Aqua Park.



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Karłów is a village located in the center of the Table Mountains at the foot of Szczeliniec Wielki. Its history dates back to 1730 when a settlement was established around the forestry lodge. Already in the 19th century Karłów became a significant tourist destination thanks to the initiative of Francis Pabło, who adapted Szczeliniec to visit. In recognition of his merit in 1813, he was appointed a royal guide. After the construction „Road of one hundred curves” from Radków to Kudowa, Karłów became a tourist center in the Table Mountains.



Stołowe Mountains also known as the Table Mountains (Polish: Góry Stołowe, Czech: Stolové hory, German: Heuscheuergebirge) are a 42-kilometre (26 mi)-long mountain range in Poland and the Czech Republic, part of the Sudetes.

The Polish part of the range is protected as the Stołowe Mountains National Park. The highest peak of the range is Szczeliniec Wielki at 919 m (3,015 ft).



The range is formed of sandstone and, as the only one in Poland, presents plated structure with sheer mountain ledges. Among the tourist attractions there are two massifs: Szczeliniec Wielki on which the labyrinth, and Skalniak on which the labyrinth Błędne Skały (Errant Rocks). There are several notable rock formations, among them Kwoka ("Hen"), Wielbłąd ("Camel"), Małpa ("Monkey"), Głowa Konia ("Horse Head"), Fotel Pradziada ("Great Grandfather's Armchair").

→ Accommodation

All volunteers will be accommodate in hotel in Kudowa-Zdrój (first 5 days) and later in the mountain hostel in Karłów (12 days).

→ How to get here

How to get here? We consider two best ways to get here.

1. Airport in Wrocław (Poland), est. 130km from Kudowa- Zdrój. From Wrocław you can take a direct bus to Kudowa-Zdrój or a train, but those run rarely than buses and not directly to Kudowa (You have to change train in Kłodzko).
2. Airport in Prague (Czech Republic), est. 150km from Kudowa- Zdrój. In Prague will be better to get to the bus, because it runs directly to Náchod- border city with Kudowa-Zdrój. Train travels longer and You have at least two train changes.

Please give us information which way you chose. We will provide you a mini-bus from Nachod Station or Kudowa-Zdrój city centre (bus station is in Kudowa's city centre, Train Station is a little bit further, but it's also no problem for us).

→ Participants

We are looking for 2 people from 5 countries (Lithuania, Spain, Croatia, Macedonia and Bulgaria) aged 18-30 years who are:

- interested in nature and ecology,
- actively involved in ecological activities,
- have experience to share with us,
- ready to lead ecological activities with children and the youth,
- interested in learning about new places,
- like meeting new people and exchanging experiences.



→ Volunteers tasks

During their 17 day stay the volunteers:

- will investigate the condition of Kudowa and Stolove Mountains in terms of the amount of rubbish,
- basis of their observations will prepare a diagnosis with the solutions how to reduce the amount of rubbish,
- will run a series of ecological workshops in schools,
- will actively support the action and lead workshops in the Eco-town.

→ Financial Aspects

There is no participation fee and your travel expenses and accommodation and food is covered by E+ programme. During the seminar, the full board (incl. 3 meals a day) is provided.

Maximal travel costs reimbursement per person is 275 euro. The travel costs will be paid back after we receive adequate invoices and travel documents.

Each participant will receive 57 euro for the entire stay.

Please inform us about volunteers representing your NGO before 25th August on damian.wojtiewicz@wp.pl and damian.wojtiewicz@qdowa.org.pl



We are looking forward to welcome you in Poland!